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EUROPE

May 14th, 17:00 CET

Loneliness in the City

The European region of the WHO recognizes mental health as one of the greatest public health challenges of today and one specific challenge that can be pointed out is loneliness. It is increasingly difficult to establish and maintain close human connections within our modern cities. However, knowledge on our modern-day city design and loneliness is scarce and fragmented. Esther will take you on a journey about urban planning and reveal the secrets of how our city environment increases our mental vulnerability. Also, we will take a look at our own neighborhoods and assess whether they are loneliness-proof.

Leader: Esther de Winter

Esther de Winter is a BSc in Geography, Planning & Environment graduate and is currently specializing in Spatial Planning on cities, health & sustainability in her MSc. She identifies her view on challenges a lot with the narrative on human security, which is why she believes that health challenges and the relation to our environment should be stressed at every spatial level.



EGEA stands for **E**uropean **G**eography **A**ssociation for students and young geographers. It is a network uniting around 5000 geography students and young geographers from almost 100 cities in more than 30 countries across Europe.

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